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# AC/DC magnetic device for safe medical use of potentially harmful magnetic nanocarriers

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### ABSTRACT

Continuing our previous research work on a drug delivery system based on combined AC/DC magnetic fields, we have developed a prototype AC/DC magnetic syringe device for stimulation of drug release from drug carriers, with the options of injecting/removing drug carriers. The porous  $Fe_3O_4$  carrier, in a dose-dependent manner, causes acute oxidative damage and reduces the viability of differentiated SH-SY5Y human neuroblastoma cells, indicating the necessity for its removal once it reaches the therapeutic concentration at the target tissue. The working mechanism of the device consists of three simple steps. First, direct injection of the drug adsorbed on the surface of a carrier via a needle inserted into the targeted area. The second step is stimulation of drug release using a combination of AC magnetic field (a coil magnetised needle with AC current) and permanent magnets (DC magnetic lens outside of the body), and the third step is removal of the drug carriers from the injected area after the completion of drug release by magnetising the tip of the needle with DC current. Removing the drug carriers allows us to avoid possible acute and long term side effects of the drug carriers in the patient's body, as well as any potential response of the body to the drug carriers.

### 1. Introduction

In the last 30 years, different novel drug delivery systems have been developed for medical practice, with the main focus on cancer treatment (Cairns et al., 2006; Primo et al., 2007; Soppimath et al., 2001; Mura et al., 2013; Din et al., 2017; Patra et al., 2018), curing heart disease using drug-eluting stents (McGinty, 2014; Lee and Hernandez, 2018), and smart delivery via nano-carriers (Nakayama et al., 2015; Traitel et al., 2008). Furthermore, certain devices, such as skin transdermal patches (Prausnitz and Langer, 2008; Alkilani et al., 2015), therapeutic contact lenses (Zhang et al., 2004), and implants (Lyndon et al., 2014; Anderson and Davis, 2017), have been developed for drug delivery. Improved targeted drug delivery system (TDDS) should have several

advantages over the traditional methods of cancer treatment (oral, intravenous) (Bhavsar and Amiji, 2007; Huang and Hainfield, 2013), such as high precision of tumour targeting, minimal nonspecific accumulation, minimum time of drug release, and reduced side effects. The next generation of TDDS should allow higher doses of drugs with potentially more "aggressive" substances, allowing treatment and full control of the eluting process. Furthermore the TDDS should be able to protect the drug from enzymatic degradation, antibodies, and different environmental factors, in addition to facilitating rapid reduction of treatment duration.

Administration of the correct dosage of a delivered drug, considering its toxicity, as well as the possible toxicity of the vehicle containing the drug, and the optimal duration of drug elution, can have a significant

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influence that is vital for the patient's health and the healing process. Thus, the success of therapy strongly depends on delivering the right amount of drug within a specific time. Drug carriers also could be prone to long-term retention in the human body through accumulating in different parts of human organs, including the liver, kidney, spleen, and lungs (Choi et al., 2007; Decuzzi et al., 2010; Wiemann et al., 2017; Valentini et al., 2019). Many studies have shown that, if accumulated NPs exist for a long period under physiological conditions, they can generate toxic products with negative side effects, such as oxidative stress, fibrosis, an inflammatory response (Bilyy et al., 2020), chemotaxis, genotoxicity, and cell death (Barna et al., 2013; Qu et al., 2012; Hamilton et al., 2012; Xia et al., 2013; Warheit and Donner, 2010; Simon-Deckers et al., 2008). Potentially iron based NPs, which can penetrate the blood-brain barrier, may further increase the iron disbalance typical for Alzheimer's and Parkinson's disease. (Wang et al., 2016; Liu et al., 2018; Honda et al., 2004).

Lack of a mechanism to remove NPs and prevent their accumulation during prolonged therapy can introduce health risks due to genotoxicity. The DNA that is damaged through chromosomal fragmentation, point mutations, and oxidative DNA adducts may initiate carcinogenesis (Meng et al., 2013).

Over the last twenty years, metal oxide NPs have appeared in many promising applications as a catalyst (Liao et al., 2020; Konnerth et al., 2020; Liao et al., 2018; Doustkhah et al., 2019), and in optical and photovoltaic devices (Chueh et al., 2019; Lee et al., 2019; Wang et al., 2018).

NPs application has particularly large potential in medicine, especially as a targeted drug carriers. Among different types of NPs iron oxides Fe<sub>2</sub>O<sub>3</sub> (hematite), and Fe<sub>3</sub>O<sub>4</sub> (magnetite) are the most widely used as sources, mostly due to their magnetic properties, negligible toxicity, simplicity of synthesis, and relatively high magnetization (Vangijzegem et al., 2019; Marcu et al., 2013; Reshmi et al., 2009; Tucek et al., 2006). In some research, Fe and Co pure metal NPs have been employed as a drug carriers, due to their having some advantages over iron oxides, such as better magnetic properties, high saturation magnetization, and high specific loss of power (Arias et al., 2009; Pouponneau et al., 2009). Besides the toxicology issue, a high magnetic moment is an essential property for magnetic carriers. The external magnetic field, which guides the carrier and triggers the drug release mechanism, has considerable limitations in deep tissues of the human body, since the magnetic field strength and field gradient both decrease exponentially with the distance from the surface of the magnet source. To avoid the human immune system, the drug carrier can be covered with various organic compounds, surfactants, and ligands to ensure invisibility and achieve better physical and chemical properties in interaction with living cells. Some complex structures of nano-carriers, such as core/shell structures, can provide higher stability against oxidation and acidic environments, although reducing the magnetic property.

In our previous work, we demonstrated the significant advantages of using AC/DC magnetic fields for drug release by the examples of dye (methyl blue) and flavonols (Mustapić et al., 2016; Šegota et al., 2019). We hypothesized that the carrier alone could have not only long-term, but also acute effects on non-targeted tissue, which we tested by 24-hour exposure of SH-SY5Y human neuroblastoma cells to different concentrations of  $Fe_3O_4$  NPs. Based on different toxicity findings and our previous research, we have developed a novel device for drug delivery, which shares some similarities with the laparoscopic technique in medicine, but uses the advantages of combined AC/DC magnetic fields (magnetised syringe) for stimulation of drug release and removal of drug carriers from the human body.

### 2. Results and discussion

### 2.1. Biomedical aspects of Fe<sub>3</sub>O<sub>4</sub> NPs as drug carrier

Porous Fe<sub>3</sub>O<sub>4</sub> magnetic NPs were used on differentiated SH-SY5Y human neuroblastoma cells for testing their potential toxicity. According to our previous research (Mustapić et al., 2016) as-prepared Fe<sub>3</sub>O<sub>4</sub> NPs have size (TEM; XRD) between 20 and 30 nm, and pore size around 5 nm, what makes them sufficiently small for use in human bloodstream (e.g. capillaries), and contrary large enough to maintain high magnetization for external magnet manipulation.

Most of the smart delivery drugs are focused on cancer treatment, but our intention was to determine the harmfulness of the NP carrier for the off-target tissue. In these experiments, we used a tumour cell line that was differentiated into mature neurons using retinoic acid as a growth factor. Mature neurons are an example of long-lived cells that are highly resistant to various types of damage (Garbarino et al., 2015).

The success of therapy depends on delivering the right amount of drug optimized to the amount of drug carrier, utilizing the drug at the target, and safely removing the free drug carrier from the surrounding tissue to avoid its spreading into the surrounding tissue. Bearing in mind that the device that we are going to develop will allow rather quick release of the drug – within 2 h – and the removal of residual NPs, we tested only the acute toxic effects (within 24 h) using three different concentrations of Fe<sub>3</sub>O<sub>4</sub> NPs: 0.01, 0.1 and 1 mg/ml. A dose dependent internalization of Fe<sub>3</sub>O<sub>4</sub> NPs in exposed cells was evaluated by Prussian blue staining (Fig. 1). Even at the lowest concentrations, NPs were not fully internalized, but rather formed agglomerates in the intercellular space. We can assume that these precipitates in real tissue would be the target of tissue macrophages, but also a long-term irritant that would stimulate the inflammatory response.

 $Fe_3O_4$  NPs are already approved for clinical use, despite the fact that they are bioactive in themselves. Their accumulation in the cell triggers reactive oxygen species (ROS) production through different redox reactions (Adhikari et al., 2019), leading to oxidative stress and cell damage or apoptosis (Alberts et al., 2014). Also, Fe<sub>3</sub>O<sub>4</sub> NPs lead to mitochondrial damage and mitochondrially-induced apoptosis by ROS-independent mechanisms (Peng et al., 2018). Because of this, their internalization in the target tissue, usually tumorous, is a desirable event, but not if it happens in the surrounding tissue. The target tissue has a certain nanoparticle binding capacity, and when it is exceeded, spillage occurs. After the destruction of target cells, when the capacity of macrophages in the tissue to remove cell debris is exceeded, NPs will accumulate in the intercellular space. In both cases, it will be advantageous to rely on the therapeutic effect of the delivered drug and remove the Fe<sub>3</sub>O<sub>4</sub> NPs as drug carriers from the place of delivery.

The assumption that the accumulation of  $Fe_3O_4$  NPs has a negative effect on cells was further tested by MTT assay, which estimates cell viability based on mitochondrial function (Fig. 2). 24 h exposure to  $Fe_3O_4$  NPs in 0.01 mg/ml concentration had no significant acute effect on cell viability, but two higher concentrations were cytotoxic. Our data correlate with results of Wu et al. (2013), while the study of Xue et al. (2012) demonstrated that there was no cytotoxic effect on PC12 neuroblastoma cells, even at 0.5 mg/ml concentration and after 48 h of exposure. Undifferentiated tumour neuroblastoma lines were used in both studies, and, to the best of our knowledge, our study is the first attempt to determine the toxicity of  $Fe_3O_4$  NPs in vitro on differentiated neurons. A study on a hepatoma cell line provided data that involved not just concentration and time, but also the correlation of  $Fe_3O_4$  NP size to cytotoxicity (Xie et al., 2016).

Oxidative stress, characterized by excessive production of reactive oxygen species (ROS), plays a great role in cellular viability. To remove ROS and reduce its toxic effects, cells evoke an antioxidant response through different antioxidant enzymes. In this study, the elicited antioxidant response was measured by catalase (CAT), superoxide dismutase (SOD), glutathione S-transferase (GST), and glutathione reductase (GR)



**Fig. 1.** Prussian blue staining against iron on differentiated SH-SY5Y human neuroblastoma cell line at 24 h post exposure to different concentrations of Fe<sub>3</sub>O<sub>4</sub> nanoparticles; A – 0 mg/ml (control), B – 0.01 mg/ml, C – 0.1 mg/ ml, D – 1 mg/ml; Blue – metabolised iron positive stain, Red – nuclei and cytoplasm, Black – non metabolised nanoparticles; magnification  $400 \times$ ; Scale 100 µm. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article).



**Fig. 2.** MTT viability assay on differentiated SH-SY5Y human neuroblastoma cell line 24 h post exposure to Fe<sub>3</sub>O<sub>4</sub> nanoparticles. Statistical analysis by Kruskal-Wallis with Dunn post hoc and correction for number of groups was used, \*p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001 in Statistica 13.3.

enzyme activity. According to the results, short term exposure of neuroblastoma cells to a 0.01 mg/ml concentration of  $Fe_3O_4$  NPs did not evoke a significant response to oxidative stress at the level of all analysed enzymes (Fig. 3). CAT and SOD showed a significant increase only at 1 mg/ml concentration, while GST and GR were more sensitive to the presence of  $Fe_3O_4$  NPs and showed significantly increased activity at lower concentration (0.1 mg/ml). GST and GR are likely to be part of the "first line" of biochemical response to oxidative stress in neuroblastoma cells.

Gambardella et al. (2014), in their study on Artemia salina larvae, found significantly increased CAT activity, even after exposure to the

lowest dose of Fe<sub>3</sub>O<sub>4</sub> NPs used in our study. The possible reasons for this difference in the oxidative stress response lies in the fact that differentiated neurons are more resistant to oxidative stress than any other type of eukaryotic cell. Özgür et al. (2018) found a decrease in CAT and SOD activity in rainbow trout sperm exposed to doses of 0.1–0.8 mg/ml Fe<sub>3</sub>O<sub>4</sub> NPs, which could be due to excessive ROS production in these cells.

We also measured the production of malondialdehyde (MDA) which reflects oxidative damage to lipids in the form of lipid peroxidation (Fig. 4). MDA concentrations were significantly increased from Fe<sub>3</sub>O<sub>4</sub> NPs from the concentration of 0.1 mg/ml. Our results are further confirmation of the results obtained on skin epithelial cells and a pulmonary epithelial cell line, where Fe<sub>3</sub>O<sub>4</sub> NPs were found to cause an increase in oxidative stress and lipid peroxidation in exposed cells (Ahamed et al., 2013). The negative effect of Fe<sub>3</sub>O<sub>4</sub> NPs on differentiated neuroblastoma cells is due to instability and easy oxidation, yielding  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> + Fe<sup>2+</sup> (Singh et al., 2010).

The role of the biochemical response to oxidative stress is to protect the cell from irreparable damage. If the damage exceeds the capacity of the antioxidant defence mechanisms, programmed cell death (apoptosis) is triggered. The number of apoptotic cells was detected by the TUNEL assay showing DNA fragmentation. A significant number of apoptotic cells appeared only at an Fe<sub>3</sub>O<sub>4</sub> NP concentration of 1 mg/ml (Fig. 5), while lower concentrations of NPs raise cellular defence mechanisms that can protect them against permanent damage and death. In complex biological systems, it would be desirable to prevent damaging concentrations of particles, which is characteristic of organs that excrete substances from the body – the kidney and the liver.

Since we were working on a model of mature neurons, our next question was whether oxidative damage and non-oxidation-related nanoparticle-induced neuronal damage would lead to a predisposition to neurodegeneration. Disruption of iron homeostasis was previously connected with neurodegenerative disorders (Hautot et al., 2003; Wu et al., 2013).

We decided to investigate the expression of beta amyloid precursor protein ( $\beta$ APP) and GM1 ganglioside due to their role in the pathogenesis of Alzheimer's disease (AD) (Liu et al., 2006). Short term exposure



**Fig. 3.** Antioxidant enzyme activity assay (E) on differentiated SH-SY5Y human neuroblastoma cell line 24 h post exposure to  $Fe_3O_4$  nanoparticles presented as mean with standard deviation (SD). Differences among groups were assessed by a one-way analysis of variance (ANOVA), followed by a post hoc analysis using the Tukey HSD test. Correlations between the analysed parameters were evaluated using the Pearson correlation coefficient with the level of significance < 0.05. \*p < 0.05, \*p < 0.01, \*\*\* p < 0.001 in Statistica 13.3. Abbreviations on y-axis labels: catalase (CAT), superoxide dismutase (SOD), glutathione S-transferase (GST), and glutathione reductase (GR).



**Fig. 4.** Lipid peroxidation on differentiated SH-SY5Y human neuroblastoma cell line 24 h post exposure to Fe<sub>3</sub>O<sub>4</sub> nanoparticles presented as mean with standard deviation (SD). Differences among groups were assessed by a one-way analysis of variance (ANOVA), followed by a post hoc analysis using the Tukey HSD test. Correlations between the analysed parameters were evaluated using the Pearson correlation coefficient with the level of significance < 0.05. \*p < 0.05, \*\*p < 0.01, \*\*\* p < 0.001 in Statistica 13.3.

to even the smallest concentration of Fe<sub>3</sub>O<sub>4</sub> NPs caused a decrease in GM1 expression, while just the highest concentration of Fe<sub>3</sub>O<sub>4</sub> NPs (1 mg/ml) caused significant accumulation of  $\beta$ APP as the hallmark of neurodegeneration (Fig. 6). Earlier studies assumed that GM1 played a role in amyloid precipitation (Tashima et al., 2004; Yanagisawa and Ihara, 1998), but more recent studies tell the opposite – GM1 is neuroprotective against A $\beta$ -induced toxicity (Cebecauer et al., 2017) and promotes neurite formation in neuroblastoma cells (Chiricozzi et al., 2017). If we associate the decrease in GM1 with the increased production of  $\beta$ APP, one can assume that neurons exposed to Fe<sub>3</sub>O<sub>4</sub> NPs showed an increased risk of A $\beta$  precipitation and decreased potential for new dendrites to form, that is, they acquired a pre-degeneration phenotype.

### 2.2. Novel concept idea

The AC/DC magnetic setup represents a simple and efficient targeted drug delivery system, while it also makes it possible to remove the drug carriers from the body after treatment. The AC/DC magnetic set-up is made up of three main parts: 1) a syringe and needle made in one piece from permalloy (easy to magnetize and very small coercive field), with a coil wrapped around the body of syringe, as shown in Fig. 7a, b; 2) a source of alternating electrical current (signal generator) connected to the coil (Fig. 7b); and 3) a set of permanent magnets fixed on an adjustable half-ring (Fig. 8). The basic set-up can have some additional supporting parts, such as a current amplifier to increase the electrical current in the coil and improve the magnetization of the syringe and needle.

In principle, magnetic carriers with loaded drugs will be injected into the targeted area using the magnetic syringe without applying AC current. The length of the needle will ensure access to different parts of the human body. Strong external permanent magnets will steer the magnetic NPs into the targeted area (acting as a magnetic lens) and promote the drug elution by creating oscillating filaments (video). According to our previous research, oscillation of the magnetic NPs (filaments due to alignment in the DC field) will produce friction between the NPs, as well as between the particles and the tissue or body fluids, and consequently release the drug (classical Brownian motion) (Šegota et al., 2019; Kramers, 1940).

As we have demonstrated before, the power of AC/DC magnetic fields depends on the distance from the magnetic NPs (carriers) (videos 1, 2, 3, 4). It can be seen that, even at a distance of 5 cm, it is still possible to see the movement (oscillation) of magnetic particles. It is important to emphasize that, in all experiments, we used a current of 100 mA and permanent magnets with magnetic fields of  $\sim$  500–1000 Oe, which can be characterized as weak magnetic fields.

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Applying both magnetic AC and DC fields will ensure precise and efficient release of the drug from the magnetic carriers into the area of

Fig. 5. TUNEL assay against single strand DNA breakage on differentiated SH-SY5Y human neuroblastoma cell line after 24 h post exposure to Fe<sub>3</sub>O<sub>4</sub> nanoparticles. Upper image: A negative stain control, B - positive stain control, C – 0 mg/ml of Fe<sub>3</sub>O<sub>4</sub> nanoparticles, D – 0.01 mg/ml of Fe<sub>3</sub>O<sub>4</sub> nanoparticles, E - 0.1 mg/ ml of Fe<sub>3</sub>O<sub>4</sub> nanoparticles, F - 1 mg/ml of Fe<sub>3</sub>O<sub>4</sub> nanoparticles; Blue - 4',6-diamidino-2phenylindole (DAPI) stained nuclei, Green -TUNEL assay fluorescein (FITC) positive signal; magnification 400  $\times$  ; Scale 100  $\mu m.$  Graph: Number of TUNEL positive cells presented as mean with SD against single strand DNA breakage. Statistical analysis was conducted using ANOVA with post-hoc Tukey HSD; \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001 in Statistica 13.3. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article).





the tumour with a controlled rate of drug elution, simply by changing the frequency of the AC current. After treatment, the AC current power supply will be shut down, and the magnetic carriers will be removed using the highly magnetized syringe and DC current (video 5). The removed magnetic carriers can be reused for the next treatment after cleaning and sterilisation.

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In practice, to efficiently treat tumor tissue deeper in the human body by magnetic field presents a problem due to the considerable decrease in strength of the magnetic field with distance  $(r^{-2})$ . Unregulated growth of tumour vasculature also will affect the high pressure in the bloodstream, leading to some limitations on the generation of a high magnetic field. Therefore, the distribution of blood vessels across cancer tissue leads to the formation of patches, some with very high blood supply and others with almost negligible supply (Forster et al., 2017; Nagy et al., 2009). Direct injection into the tumour area will avoid the bloodstream and all possible complications related to the body enzymes, antibodies, irregular blood pressure, and slow elution of drugs during delivery. One well known example of a barrier in the human body is the brain blood barrier (BBB), which can strongly obstruct any medical treatment in the brain. Some iron based NPs are able to cross BBB, but the use of the magnetic syringe will further help to overcome the BBB and efficiently release the drug in the targeted area.

Although some drug carriers, such as Fe<sub>3</sub>O<sub>4</sub> (Nakayama et al., 2015; Qi et al., 2016; Nagy et al., 2009; Shen et al., 2018; El-Boubbou, 2018), have received clinical approval, accumulation of all kinds of NPs can create potential side effects, especially over an extended period. Intravenous injection of a drug may lead to several problems, such as degradation of the drug by enzymes or the immune system in the human body. Furthermore, with our proposed device, the drug can be released into a targeted small area, and the controlled rate of drug release will prevent the possible spillover of medicine into a much larger area than the specific targeted area. Two research groups have suggested application of a simple magnetic needle to attract magnetic NPs used for medical purposes (Ramaswamy et al., 2015; Bryant et al., 2007).

### 2.3. Drug release profile

We performed our experiments on normal drug (myricitrin) release in three different situation, first without any magnetic field (no magnet), second with applied external permanent magnetic field, and third with combined permanent and oscillating magnetic fields (8 Hz) AC/DC. As a drug sample we used the flavonoid myricitrin from our previous research (Segota et al., 2019). The cumulative profile of drug release under three different conditions is shown in Fig. 9.

The first condition of drug release from Fe<sub>3</sub>O<sub>4</sub> NPs was with no magnetic field. The drug (myricitrin) release rate was initially moderate and became slower with time. Briefly, after 50 h, slightly over 50% of drug was released, and after 220 h all of the drug was released. The second condition for the drug (myricitrin) release profile was under a permanent magnetic field (Fig. 9). The experimental data show a very similar curve of drug release compared to the first condition with no magnet. The amounts of drug release under the permanent magnet are



**Fig. 6.** (a) Immunoreactivity of differentiated SH-SY5Y human neuroblastoma cell line toward  $\beta$ APP and GM1 24 h post exposure to different concentration of Fe<sub>3</sub>O<sub>4</sub> nanoparticles. (a) Immunocytochemical staining against  $\beta$ APP and GM1; Blue – DAPI stained nuclei, Green –  $\beta$ APP and GM1 positive signal; magnification 400 × ; Scale 100 µm. Quantification of  $\beta$ APP (b) and GM1 (c) staining. Statistical analysis was conducted using ANOVA with post-hoc Tukey HSD; \* *p* < 0.05, \*\* *p* < 0.01, \*\*\* *p* < 0.001 in Statistica 13.3. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article).



Fig. 7. Construction and principles of AC/DC magnetic syringe device: (a) and (b) Main parts of the AC/DC magnetic syringe device. (c) Lines of magnetic flux after applying AC current in the coil. (d) Injection of drug carriers into the tumor area without applying an AC magnetic field.



**Fig. 8.** Full set-up of the AC/DC magnetic syringe device with external permanent magnets for focusing the magnetic field (magnetic lens). Method of application: (a) injection of  $Fe_3O_4$  nanoparticles with active substance, (b) releasing active substance from  $Fe_3O_4$  nanoparticles with applying AC/DC magnetic fields (c) removing  $Fe_3O_4$  nanoparticles from targeted area.

slightly lower after 50 and 150 h. Just as in the measurement with no magnet, all of the drug was released after 220 h.

On the contrary, the release rate increased dramatically when drug carriers ( $Fe_3O_4$  NPs) were exposed to a combined permanent and oscillating AC/DC magnetic field (8 Hz). All of the drug was released within 2 h, which is more than 100 times faster in comparison to drug

release with no magnet or with only permanent magnet conditions. These results are in very good agreement with our previous research ( $\tilde{S}$ egota et al., 2019), and open up new possibilities for more efficient and precise drug delivery.



**Fig. 9.** Cumulative release profiles of drug (myricitrin) from nanoparticles with no magnetic field applied, permanent magnetic field, and AC/DC magnetic fields.

## 2.4. Influence of the combined magnetic fields (AC/DC) on magnetic nanocarriers injected into a targeted area (fluid)

Magnetic nanoparticles are exposed to a magnetic field,  $\vec{B}$  which is a combination of a static field  $\vec{B_s}$  and an oscillating field,  $\vec{B_{os}}$ . The fields are perpendicular to each other:

$$\vec{B} = \vec{B}_{s} + \vec{B}_{os} = B_{s}(\vec{r})\vec{e}_{x} + B_{os,0}(\vec{r})\cos(\omega_{H}t)\vec{e}_{y}$$
(1)

where  $\omega_H$  is the radial frequency of the oscillating magnetic field, and t is time.

Both fields induce magnetic dipole moments

$$\vec{\boldsymbol{m}}_{s} = V \chi \, \vec{\boldsymbol{B}}_{s}, \quad \vec{\boldsymbol{m}}_{os} = V \chi \, \vec{\boldsymbol{B}}_{os}, \tag{2}$$

where *V* is the volume of the particles, and  $\chi$  is the magnetic susceptibility.

The static field  $\vec{B_s}$  is important because the superparamagnetic NPs do not have a significant magnetic moment in zero field (since they are randomly oriented due to the thermal excitation), and their net magnetization is zero. When only a static magnetic field is applied, the magnetic moment  $\vec{m_s}$  of single-domain particles will align in the direction of the static magnetic field (easy axis), minimising the static potential energy.

The filaments are thus aligned NPs (quite analogous to the situation where the shape of the magnetic field produced by a permanent magnet is revealed by the orientation of iron filings). They are formed only if the stationary field is turned on and is strong and inhomogeneous enough to move the aggregated NPs, having on average a diameter, *2R*, of a few hundreds of nanometers, through the viscous fluid and ensure a transition into a more ordered state. The equilibrium is reached because of the boundary conditions (gravity).

With only the permanent field present, there is no force to move an aggregate away from its equilibrium position. By applying the oscillating magnetic field  $\overrightarrow{B_{os}}$ , when the filaments have been formed, the movement of aggregates is significantly intensified. The amplitude and velocity of oscillation around the easy axis depends on the frequency of the oscillating field  $\omega_H$  (videos 1–5). From the video, it can be seen that the motion (swinging) of the magnetic filaments (i.e. NP aggregates in the flux of a static magnetic field) is controlled by the combined static/ oscillating magnetic fields in the fluid (water) (Mustapić et al., 2016; Šegota et al., 2019).

It follows that the two main forces acting on the NPs in the fluid are

the force of the nonhomogenous oscillating magnetic field,

$$\vec{F}_{os} = \vec{\nabla} (\vec{m}_{os}, \vec{B}_{os})$$
(3)

and the Stoke's drag force representing the frictional drag force moving the particles in a viscous fluid

$$\vec{F}_{St} = -6 \pi \eta R \vec{v}_p, \tag{4}$$

where, *R* is the radius of the particles,  $\eta$  is the viscosity of the fluid, and  $\vec{v_p}$  is the velocity of the particles. Hence, the motion of the NPs is derived from the following equation (Wei et al., 2019):

$$m_p \frac{d \vec{\boldsymbol{v}}_p}{dt} = \vec{\nabla} (\vec{\boldsymbol{m}}_{os} \cdot \vec{\boldsymbol{B}}_{os}) - 6\pi \eta R \vec{\boldsymbol{v}}_p,$$
(5)

where  $m_p$  is the mass of the particles and  $\overrightarrow{v_p}$  is the velocity of the particles.

The oscillating field causes constant collisions and friction with the molecules of water, and can be the main factor behind the quicker and smoother release of the drug molecules from the interior of the NPs (Wei and Wang, 2018).

### 2.5. The induced magnetic field of a coil with finite dimensions

In this experiment, we used a standard coil with current I = 100 mA, and the dimensional parameters of the inner radius of the coil,  $R_U = 0.4$  cm, and the outer radius,  $R_V = 0.6$  cm. The length of the coil is L = 6.5 cm, and number of turns N = 1000. The induction of the magnetic field,  $\vec{B}$ , was calculated by Biot-Savart's law. The standard calculation leads to an expression for  $\vec{B}$  at any point  $\vec{e}_z$  on the symmetry axis of the coil:

$$\vec{\mathbf{B}}(z,t) = \vec{\mathbf{e}}_{z} \frac{\mu_{o} N I(t)}{2L(R_{v} - R_{u})} \left[ \left(z + \frac{L}{2}\right) \ln \frac{R_{v} + \sqrt{R_{v}^{2} + (z + \frac{L}{2})^{2}}}{R_{u} + \sqrt{R_{u}^{2} + (z + \frac{L}{2})^{2}}} - \left(z - \frac{L}{2}\right) \ln \frac{R_{v} + \sqrt{R_{v}^{2} + (z - \frac{L}{2})^{2}}}{R_{u} + \sqrt{R_{u}^{2} + (z - \frac{L}{2})^{2}}} \right].$$
(6)

Fig. 10(a) shows the induction of a magnetic field  $\vec{B}$  scaled by the characteristic field  $B_0 = (\mu_0 NI)/[2(R_V-R_U)]$ . The field  $\vec{B}$  is symmetric according to the (x,y) plane:

$$B(z) = B(-z). \tag{7}$$

In the case of a DC current *I* (steady current flow through the coil), the  $\vec{B}$  field will have a certain value for a particular point in the space *z*. On the other hand, for the AC current  $I(t) = I_0 \cos(\omega_H t)$  at a particular point *z*, the  $\vec{B}$  field changes with time from  $+\vec{B}$  to  $-\vec{B}$ .

In the example of a magnetic dipole with constant value  $m_o > 0$  and with a certain direction  $\overrightarrow{e}_r$ 

$$\overrightarrow{\boldsymbol{m}} = m_0 \, \overrightarrow{\boldsymbol{e}}_{r_\perp} \tag{8}$$

The potential energy of the dipole in the external magnetic field  $\overline{B}$  is equal to:

$$E_p = -\overrightarrow{\mathbf{m}} \cdot \overrightarrow{\mathbf{B}}$$
(9)

and the force on it is the negative gradient of the potential energy:

$$\vec{\mathbf{F}}_{B} = \vec{\nabla} \left( \vec{\mathbf{m}} \cdot \vec{\mathbf{B}} \right) = \vec{\mathbf{e}}_{z} m_{0} \cos(\theta) \frac{\partial B}{\partial z}.$$
(10)



**Fig. 10.** Dependence of the ratios  $B_{(z)}/B_0$  (a), and  $F_{(z)}/F_0$  (b) as functions of the dimensionless ratio z/L for several values of  $R_U/L$  and  $R_V/L$ . The dotted lines represent the edges of the coil at points  $z = \pm L/2$ .

$$\vec{\mathbf{F}}_{B} = \vec{\mathbf{e}}_{z} F_{0} \Biggl\{ \ln \Biggl| \frac{R_{v} + \sqrt{R_{v}^{2} + (z + \frac{L}{2})^{2}}}{R_{u} + \sqrt{R_{u}^{2} + (z + \frac{L}{2})^{2}}} \frac{R_{u} + \sqrt{R_{u}^{2} + (z + \frac{L}{2})^{2}}}{R_{v} + \sqrt{R_{v}^{2} + (z + \frac{L}{2})^{2}}} \Biggr] + \left(z + \frac{L}{2}\right)^{2} \frac{\phi_{1}(+)}{\phi_{2}(+)} + \left(z - \frac{L}{2}\right)^{2} \frac{\phi_{1}(-)}{\phi_{2}(-)} \Biggr\},$$
(11)

where,

$$\begin{split} F_{0} &= \frac{\mu_{0}m_{0}\cos(\theta)N\,I(t)}{2L(R_{\nu} - R_{u})}, \\ \varphi_{1}(\pm) &= R_{u} \left(R_{u} + \sqrt{R_{u}^{2} + (z \pm \frac{L}{2})^{2}}\right) \cdot R_{\nu} \left(R_{\nu} + \sqrt{R_{\nu}^{2} + (z \pm \frac{L}{2})^{2}}\right), \\ \varphi_{2}(\pm) &= \sqrt{R_{u}^{2} + (z \pm \frac{L}{2})^{2}} \cdot \sqrt{R_{\nu}^{2} + \left(z \pm \frac{L}{2}\right)^{2}} \cdot \left(R_{u} + \sqrt{R_{u}^{2} + (z \pm \frac{L}{2})^{2}}\right) \cdot \left(R_{\nu} + \sqrt{R_{\nu}^{2} + (z \pm \frac{L}{2})^{2}}\right). \end{split}$$

F(z) is shown on the right side of Fig. 10(b) scaled by the characteristic force  $F_0$ . The graph shows that the force is the greatest on the edge of the coil and then starts to decreases with distance from the edge. The decline is slower if the coil is thicker. In the case of direct current, the force will have the same value at the same point of space z. In contrast, for alternating current  $I(t) = I_0 \cos(\omega_H t)$ , the value of  $\vec{F}(z,t)$  at

every point *z* will change with time from value of  $-\vec{F}$  to  $+\vec{F}$ , and the force will cause a change in the magnetic dipole direction.

### 3. Conclusion

To summarize, our AC/DC magnetic syringe device represents a simple and efficient targeted drug delivery device with multiple functions. This concept is just at a very early stage, but it has high potential for clinical use in the near future, not only for drug delivery, but also for imaging or for removing unwanted substances from the human body (opposite direction). The magnetised syringe provides an efficient means of targeted drug delivery, even for remote parts of the human body, with significant potential for upgrading by including a camera. Even though the possible toxic effects of different NPs, including Fe<sub>3</sub>O<sub>4</sub> NPs, have been previously known and are confirmed by this study, the possibility of removing NPs once they have performed their function and delivered the active substance to the target tissue has still not been considered. The negative effects of Fe<sub>3</sub>O<sub>4</sub> NPs, based on all measured parameters, are dose dependent and acute. This is why the AC/DC magnetic syringe has an advantage - it offers the possibility of removing Fe<sub>3</sub>O<sub>4</sub> NPs after drug release, which greatly reduces the cytotoxic effect of the carrier.

This concept represents the very early stage of one promising TDD system, and additional research will have to be undertaken, especially pre-clinical research (living animals), as well as solving the problems of obtaining the most efficient technical design of the device itself.

Finally, we provide a list of advantages of our new drug delivery device:

- 1) Constructed as one part, the coil and syringe can be designed with different dimensions and lengths, with possible upgrades (e.g. a camera) following demand.
- 2) The drug can be released directly into the tumour area, avoiding the bloodstream and other barriers in human body, and can be immediately triggered by applying AC/DC magnetic fields.
- 3) Magnetic flux in the needle tip will make a sufficiently strong magnetic field gradient to manipulate NPs (oscillation), even in remote parts of the human body.
- 4) Direct manipulation of the strength of the magnetic fields (AC and DC) is possible, as is obtaining an accurate rate of drug elution by adjusting the frequency of the AC magnetic field.
- 5) Permanent magnets will be used for precisely focusing NPs on the targeted area and for increasing drug release (filaments), as well as finally providing for safe removal of the nanoparticles from the human body.
- 6) An additional possibility for the AC/DC magnetic syringe device is, for example, the removal of unhealthy substances from the human body using high potential for adsorption on the large specific surface area of nanomaterials.
- 7) A high concentration of magnetic particles can be introduced into targeted parts of the human body for nuclear magnetic resonance (NMR) imaging and later safely removed after the imaging session.
- 8) The additional option of removing the magnetic material provides the possibility of using more "aggressive" (i.e. toxic) substances for clinical use.

### CRediT authorship contribution statement

Mislav Mustapić: Experiment and device design, performing experiments, data interpretation, writing original manuscript, Reviewing and Editing. Zvonko Glumac: Data interpretation, writing a section of manuscript. Marija Heffer: Performing experiments, data interpretation, writing some parts of manuscript. Milorad Zjalić: Performing experiments, data interpretation. Ivan Prološčić: performing experiment. Mostafa Masud: Reviewing and editing. Senka Blažetić: Performing experiments, data interpretation. Ana Vuković: Performing experiments, data interpretation. Motasim Billah: Performing experiments. Aslam Khan: Reviewing and Editing. Suzana Šegota: Performing experiments, data interpretation. Md. Shahriar A. Hossain: Data interpretation, writing original manuscript, Reviewing and Editing.

#### **Declaration of Competing Interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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### Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at doi:10.1016/j.jhazmat.2020.124918.

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